



**NORWEGIAN  
PROGRESSIVE METAL**

# THE BAND



#86

Guitars



#30

Bass



#25

Drums



#44

Vocals



# 54

54 is a progressive metal band based in Oslo, Norway and create music based on mathematical conceptions of harmony and chaos theory.

The lyrics are sometimes critical and sometimes uplifting but they circle the paradox that everything is as important as is it irrelevant. Everything is in harmony, a slowly shifting balance and every being is special, but not unique. Through this window we question life, the society, the human potential and the universe as one being, to mention some of the concepts used in the songs.

## ABOUT US

The idea for the band was much discussed between Bjørn O. Holter and Jan Roger Halvorsen during the summer and autumn of 2005. This eventually ended up in a complete band within short time and the demo "PHI" was recorded and released 3 months later. This is not only a proof that things happen with the speed of light, but also that the members are inspired, have experience and know their routines and responsibilities in a band situation.

The three members #25, #86 and #30 earlier played together in Aphelion (earlier Mandylyon) and know each other well. #44 has been a friend of the band for years and was offered a singing job there already in 2004.

## PAST AND FUTURE

We all have years of experience in bands with both touring and recording. 54 is a golden opportunity for us to express an idea that rarely is mentioned in metal music as well as doing what we enjoy: Creating music, recording, playing concerts and touring. This is what we live for.

The members have a history in amongst others Old Man's Child, Peccatum, Rotting Christ, Sacralis and Ásmegin

# CONTACT

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